

**invis** is  
for kids.



## Cleaning your Invisalign® aligners.

Here are some helpful tips for keeping your Invisalign aligners clean and your treatment on track.



**01** First, wash your hands thoroughly before removing your aligners.



**02** Next, apply a soft-bristle toothbrush with some toothpaste and water.



**03** After giving them a good scrub, rinse your aligners off in running water



**04** Once clean, check your aligner for any cracks or deformations.



**05** Report any damages you may find to your doctor immediately



**06** Finally, give your aligner case a soapy wash. Then you're done!

### And don't forget...

- ✓ Remove your aligners when eating or drinking.
- ✓ Wear your aligners as directed by your doctor.

